



# Guest Speaker & Virtual Visits Calendar

January – February 2026

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## My Career As A Chef: Deliciously Dyslexic

Friday 16 January 2026

10:00 – 11:00

An inspiring session with Nick, who shares his journey of becoming a chef while navigating dyslexia. Learners will explore how challenges can become strengths, how to discover what you do brilliantly, and how to follow your passions into a rewarding career.

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## Red Cross: Developing Empathy

Thursday 22 January 2026

10:00 – 11:00

A calm, age-appropriate session exploring **empathy and understanding**, using real-life stories related to **immigration and migration**. Learners will be encouraged to think about different life experiences, why people move countries, and how kindness, compassion, and support can make a positive difference.

The session is delivered in a **neutral, non-political and sensitive way**, with a focus on emotional understanding rather than debate, making it suitable for SEN learners and those who prefer gentle discussion.

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## The Business of Success: Entrepreneurship for Students

Thursday 29 January 2026

10:00 – 11:00

Simon Arora talks about his journey into business leadership, showing how **creativity, resilience, and problem-solving** play a key role in success. This session helps learners understand how ideas develop and is ideal for anyone interested in **entrepreneurship or how businesses work**.

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## How Does Our Brain Affect How We Feel or Think?

Wednesday 4 February 2026


 12:00 - 1:00

Meet **Dr Declan McKernan**, Neuroscientist at the University of Galway, to discover how the brain's messages shape our **emotions, thoughts, and behaviour**. This session helps learners understand **emotional intelligence**, including recognising feelings, understanding why we react in certain ways, and learning how our brains influence how we experience the world around us.

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## An Introduction to Apprenticeships

Monday 9 February 2026

 12:00 - 1:00

A clear and supportive introduction to **apprenticeships and alternative pathways**, designed to help learners understand different future options beyond traditional education routes.